

### HOW TO GET STARTED

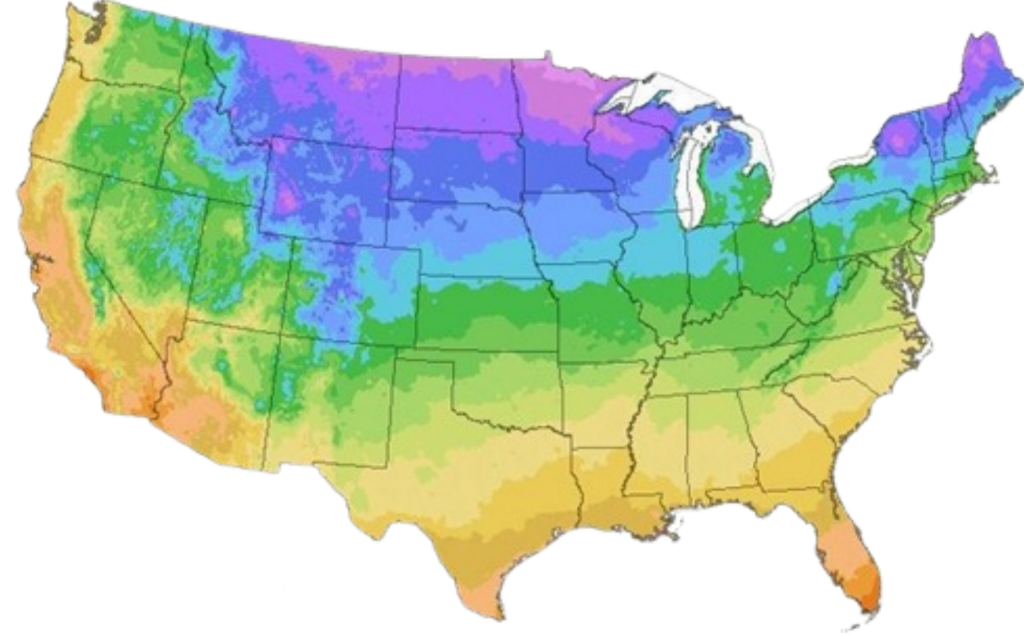
#### PLANTING ZONE

Start by confirming the proper planting zone for your garden.

[Find Your Planting Zone](#)

7a

7b



#### PLANTING CHART VS GARDEN GUIDES

The **Kellogg Garden Zone Planting Charts** will guide **you** in when to sow, plant, and harvest individual vegetables by hardiness zone. Along with your planting chart, we have included resource links to help you grow bountiful gardens.

The **Kellogg Garden Organic Gardening Guides** include detailed information and resources on how, why, and what to do in your gardens as well as advice on planting, growing, and harvesting individual plants throughout the year.

#### ORGANIC GARDENING GUIDES

[MONTHLY ORGANIC GARDEN GUIDE BY ZONE](#)

[CONTAINER GARDENING GUIDE](#)

[COMPANION PLANTING GUIDE](#)

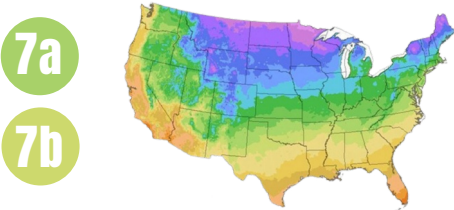
[FALL AND WINTER GARDENING GUIDE](#)

[GARDEN HARVESTING GUIDE](#)

[MONTHLY ORGANIC FLOWER GARDENING GUIDE](#)

# Organic Gardening:

## Zone 7 Planting Chart - Vegetables



ZONE 7			Sow Seeds			Plant			Harvest			Avg. First Frost			Sep. 30 - Oct. 30			Avg. Last Frost			Mar. 30 - Apr. 30		
Plant	Seeds	Plants	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	Ideal Soil Temp	Seed Depth	Plant Spacing	Row Spacing	Sun Exposure	Days to Sprout	Days to Maturity	Mature Height	Plant Type
Artichoke		Transplant													65-85 F	1/2"	3'	4'	8-12 hrs Full Sun	10-20 days	130 days	3-4'	Perennial
Arugula	Direct Sow														65-85 F	1/4"	1"	18"	Full Sun/Partial Sun	5-7 days	45 days	1-2'	Annual
Asparagus		Transplant													75-85 F	6-8"	12-18"	3'	Full Sun/Partial Sun	21 days	365 days	5'	Perennial
Beans	Direct Sow														70-80 F	1/2 - 1"	4"	12-18"	8-12 hrs Full Sun	7-14 days	70 days	36"	Annual
Beets	Direct Sow														50 F +	1/2"	5"	12-18"	8-12 hrs Full Sun	5-15 days	60 days	12"	Annual
Bell Peppers		Transplant													60-80 F	1/4"	18"	18-36"	8-12 hrs Full Sun	7-21 days	75 days	36"	Annual
Broccoli	Direct Sow	Transplant													45 F +	1/2"	18"	24-36"	Full Sun/Partial Sun	4-7 days	125 days	30"	Annual
Brussel Sprouts		Transplant													60-85 F	1/2"	18"	30-36"	8-12 hrs Full Sun	7-12 days	100 days	30"	Annual
Cabbage	Direct Sow	Transplant													70-80 F	1/2"	16-24"	18-30"	8-12 hrs Full Sun	5-8 days	120 days	24-36"	Annual
Carrots	Direct Sow														60-85 F	1/4"	2"	18"	8-12 hrs Full Sun	14-21 days	75 days	12"	Annual
Cauliflower	Direct Sow	Transplant													65-85 F	1/2"	18-20"	24-36"	8-12 hrs Full Sun	8-10 days	80 days	18"	Annual
Celery		Transplant													70-75 F	1/4"	12"	24"	5-7 hrs Full Sun	14-21 days	100 days	18-24"	Annual
Collards	Direct Sow														70 F	1/4 - 1/2"	12"	18-24"	Full Sun/Partial Sun	10-14 days	80 days	24-36"	Annual
Corn	Direct Sow														65-90 F	1-2"	4-6"	8-12"	8-12 hrs Full Sun	10-14 days	80 days	5-12'	Annual
Cucumbers	Direct Sow	Transplant													65-90 F	1/2 - 1"	12-24"	5-6'	8-12 hrs Full Sun	10 days	60 days	24-36"	Annual

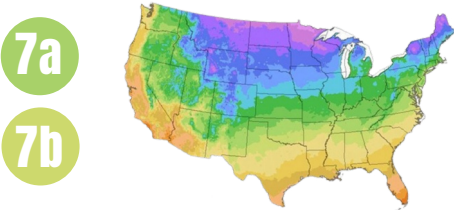
### NOTES

### RESOURCES

- [How to Plant & Grow Carrots](#)
- [The Best Way to Grow Beans](#)
- [Healthy Garden Soil Structure](#)
- [How to Amend Garden Soil](#)
- [Growing Cucumbers in Pots](#)
- [Seed Starting Tips \(Video\)](#)

# Organic Gardening:

## Zone 7 Planting Chart - Vegetables



			ZONE 7												Sow Seeds		Plant		Harvest		Avg. First Frost		Sep. 30 - Oct. 30		Avg. Last Frost		Mar. 30 - Apr. 30	
Plant	Seeds	Plants	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	Ideal Soil Temp	Seed Depth	Plant Spacing	Row Spacing	Sun Exposure	Days to Sprout	Days to Maturity	Mature Height	Plant Type					
Edamame	Direct Sow														70-85 F	1"	3"	24"	8-12 hrs Full Sun	7-14 days	95 days	24-36"	Annual					
Eggplant		Transplant													65 F +	1/4-1/2"	18"	36"	8-12 hrs Full Sun	7-14 days	80 days	2-5'	Annual					
Endive	Direct Sow														60-75 F	1/4"	6-12"	18-24"	8-12 hrs Full Sun	7-10 days	92 days	6-10"	Annual					
Fava Beans	Direct Sow														60-75 F	1"	4-6"	18-36"	Full Sun/Partial Sun	7-14 days	120 days	48"	Annual					
Garlic	Direct Sow	Transplant													60 F +	1/4 "	6-8"	18-24"	8-12 hrs Full Sun	40-56 days	90 days	12-36"	Annual					
Ginger	Direct Sow														68 F +	1"	12"	12"	Full/Partial Shade	7-14 days	240-360 days	4'	Perennial					
Gourds	Direct Sow	Transplant													60 F +	1/2 - 1"	18-24"	4-6'	8-12 hrs Full Sun	7-40 days	105 days	6-18"	Annual					
Green Beans	Direct Sow														65 F +	1"	1-2"	24-36"	8-12 hrs Full Sun	8-14 days	55 days	12-140"	Annual					
Horseradish		Transplant													45-75 F	3-4"	18"	30-36"	8-12 hrs Full Sun	Varies	365 days	up to 5'	Perennial					
Kale	Direct Sow	Transplant													65-85 F	1/4"	12-18"	18-24"	Full Sun/Partial Sun	10 days	55 days	12-18"	Annual					
Leeks		Transplant													60-85 F	1/4"	4-6"	18-24"	Full Sun/Partial Sun	10-14 days	115 days	24-36"	Annual					
Lettuce	Direct Sow	Transplant													60-70 F	1/8-1/4"	8-10"	12-18"	Full Sun/Partial Sun	7-15 days	50 days	6-12"	Annual					
Okra		Transplant													80-90 F	1/2 - 1"	12-18"	24-36"	8-12 hrs Full Sun	2-12 days	58 days	3-6'	Annual					
Onions		Transplant													60-85 F	1/8-1/4"	3-6"	12-18"	8-12 hrs Full Sun	4-10 days	25 days	2-6'	Annual					
Parsnips	Direct Sow														50-70 F	1/2"	3-4"	18-24"	Full Sun/Partial Sun	28 days	135 days	3'	Annual					

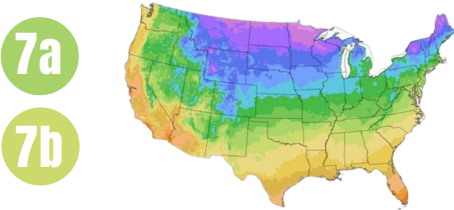
### NOTES

### RESOURCES

- [ONION COMPANION PLANTS](#)
- [GARDEN WATERING HACKS](#)
- [GROWING, HARVESTING, AND PRESERVING GARLIC](#)
- [HOW TO EXTEND YOUR SEASON & PROTECT PLANTS \(VIDEO\)](#)

# Organic Gardening:

## Zone 7 Planting Chart - Vegetables



			ZONE 7												Sow Seeds		Plant	Harvest	Avg. First Frost		Sep. 30 - Oct. 30		Avg. Last Frost		Mar. 30 - Apr. 30	
Plant	Seeds	Plants	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	Ideal Soil Temp	Seed Depth	Plant Spacing	Row Spacing	Sun Exposure	Days to Sprout	Days to Maturity	Mature Height	Plant Type			
Potatoes		Transplant													59-68 F	6-8"	8-12"	18-24"	8-12 hrs Full Sun	14-28 days	70 days	36-40"	Annual			
Pumpkins	Direct Sow	Transplant													70-90 F	1-2"	2-4'	6-12'	8-12 hrs Full Sun	4-10 days	110 days	12-36"	Annual			
Radishes	Direct Sow														65-85 F	1/4-1/2"	8"	8-16"	Full Sun/Partial Sun	4-5 days	45 days	6-18"	Annual			
Rhubarb		Transplant													45-75 F	1-2"	4'	3'	6-8 hrs Full Sun	varies	365 days	2'	Perennial			
Rutabagas	Direct Sow														60-80 F	1/2"	8"	18-30"	Full Sun/Partial Sun	5-15 days	75 days	12"	Annual			
Shallots	Direct Sow	Transplant													35-90 F	2-3"	6"	12"	8-12 hrs Full Sun	5-8 days	90 days	24"	Annual			
Snap Peas	Direct Sow														60-80 F	1-2"	1-4"	36"	Full Sun/Partial Sun	7-10 days	65 days	6-8'	Annual			
Soybean	Direct Sow														55 F +	1-1 1/2"	6"	30"	8-12 hrs Full Sun	2 days	55 days	3-5'	Annual			
Spinach	Direct Sow	Transplant													50-75 F	1/4-1/2"	3-6"	12-18"	Full Sun/Partial Sun	5 days	50 days	6-12"	Annual			
Squash	Direct Sow	Transplant													70-85 F	1/2 - 1"	12-24"	4-6'	8-12 hrs Full Sun	7-10 days	60 days	12-36"	Annual			
Sweet Potatoes		Transplant													60-85 F	6"	12"	36-60"	8-12 hrs Full Sun	28 days	90-170 days	12-15"	Annual			
Swiss Chard	Direct Sow	Transplant													75-90 F	1/2"	4-8"	12-24"	Full Sun/Partial Sun	7-14 days	35 days	6-12"	Annual			
Tomatoes		Transplant													70-90 F	1/8-1/4"	24"	36"	8-12 hrs Full Sun	6-8 days	85 days	3-12'	Annual			
Turnips	Direct Sow														65-80 F	1/2-1"	2-4"	12-18"	Full Sun/Partial Sun	3-10 days	53 days	6-12"	Annual			
Zucchini	Direct Sow	Transplant													60 F +	1"	12"	24-36"	8-12 hrs Full Sun	7-14 days	48 days	24"	Annual			

### NOTES

### RESOURCES

- [ZUCCHINI COMPANION PLANTS](#)
- [PRESERVING A GARDEN HARVEST](#)
- [BEST WAY TO PLANT TOMATOES](#)
- [5 RAISED BED GARDEN](#)
- [BENEFITS OF COMPANION PLANTING](#)
- [MISTAKES TO AVOID \(VIDEO\)](#)

# Plant Tracker

MONTH

S = SOWING

P = PLANTING

H = HARVESTING

# Garden Calendar

MONTH

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

WATERING

FEEDING

PRUNING